



Bristol Motor Club  
Bristol Pegasus Motor Club  
**“Llandow Track Day”**  
**Llandow Race Circuit**  
Monday 30th May 2011  
BOOKING FORM



1. Bristol Motor Club and Bristol Pegasus Motor Club are acting as booking agents for a Track Day organised by Llandow Circuit on Monday 30th May 2011.
2. Entries will be selected in order of receipt.  
Please refer to the attached information from the circuit for full details of their rules.
3. Key information
  - Location - Llandow Circuit, Vale of Glamorgan, CF71 7PB
    - Llandow is situated 20 miles west of Cardiff in the Vale of Glamorgan near the country towns of Cowbridge and Llantwit Major
  - A maximum of 40 bookings will be accepted
  - All Drivers must present a full driving license at signing on
  - Competition Licences are **not** required
  - All Drivers must wear an approved helmet. Arms & legs must be covered at all times
  - Noise limit is 105 dBA at 0.5 metres
  - All types of cars will be accepted
    - 10 saloon/sports cars will be allowed on the course at any one time
    - 5 single seaters will be allowed on the course at any one time
    - Single seaters will run in separate sessions to other cars
  - Event Time Table
    - 8.30am Gates open, 9.10am Signing on, 9.30am Briefing
    - 10.00am - 5.00pm Track activities
    - 1.00pm - 2.00pm Lunch break, 3.15 – 3.30 pm Afternoon break
4. The charge for the day is **£65** per car.  
The charge for an additional driver sharing a car will be **£15**.  
Please complete the booking form and send with remittance to the entries secretary :-  
  
Cherry Robinson, Rustling Elms, Half Acre Lane, Whitchurch, Bristol, BS14 0JJ  
  
Tel: 01275 833098 e-mail: [cherryzrobinson@hotmail.com](mailto:cherryzrobinson@hotmail.com)  
  
Cheques or postal orders must be made payable to **Bristol Llandow Sprint**.
5. If the event is over-subscribed then a reserve list will be created.
6. Confirmation of bookings will be issued after payment is received.
7. Entrants wishing to cancel their entry must do so in writing to the entries secretary no later than Friday 27<sup>th</sup> May 2011. Any cancellations received after that date will not receive a refund. Any cancellations received prior to that date will only be refunded if another buyer is found.

# Bristol Motor Club and Bristol Pegasus Motor Club LLANDOW Track Day - Monday 30th May 2011

## BOOKING FORM

*BLOCK CAPITALS THROUGHOUT PLEASE*

Full name	
Address	
Postcode	Telephone No
E-mail address	
I am a member of <span style="float: right;">Motor Club</span>	

Name of second driver	<i>- please note £15 charge</i>
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I wish to enter the following car for this event:

Make	Model	Capacity	cc
Single Seater ?		YES / NO	

I enclose Cheque / Cash for £	<b>£65 per car</b> <b>£15 for an additional driver</b>
<b>Please make cheques to 'BRISTOL LLANDOW SPRINT'</b>	

<b>Data Protection Act</b> - Information on this form will be entered onto a computer to compile the entry and results lists. Please tick the box if you do <b>not</b> wish your details to be kept on computer.	
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1. I declare that I am physically and mentally fit to take part in the event and I am competent to do so. I acknowledge that I understand the nature and type of the event and the potential risk inherent with a track day and agree to accept that risk.
2. To the best of my belief the driver(s) possess(es) the standard of competence necessary for an event of the type to which this entry relates and that the vehicle entered is suitable and roadworthy for the event having regard to the course and the speeds which will be reached.
3. I understand that should I at any time of this event be suffering from any disability whether permanent or temporary which is likely to affect prejudicially my normal control of the vehicle, I may not take part.
4. The Bristol Motor Club and Bristol Pegasus Motor Club are acting as booking agents for the circuit in respect of this event. I understand on track activities are organised by and are under sole control of Llandow Circuit.
5. I agree to the booking conditions contained in this form and the rules of Llandow Circuit.

**State your age if you are under 18..... ( A counter signature of parent / guardian will be required )**  
**To be signed by all drivers**

DRIVERS SIGNATURE.....Date.....

**THIS FORM MUST BE FULLY COMPLETED OR YOUR ENTRY MAY BE REFUSED**  
**Send to: Cherry Robinson, Rustling Elms, Half Acre Lane, Whitchurch, Bristol, BS14 0JJ.**

<b>FOR ORGANISERS' USE</b>	
Date received	Correct entry fee received

# Llandow Circuit Car Track Day Regulations and Operating Procedures

## Itinerary

- 8.30am Gates open
- 9.10am Signing on
- 9.30am Circuit Safety Briefing (will be announced over tannoy system)
- 10.00am - 5.00pm Track activities
- 1.00pm - 2.00pm Lunch break
- 3.15 – 3.30 pm Afternoon break

Max no of Cars on track at any one time - 10

Cars will be filtered onto the circuit from the start area and a chequered flag displayed from the control tower will signify the end of the 20 minute sessions.

## Circuit Rules

Before using the circuit all participants MUST:

1. Sign an Indemnity form
2. Provide a full driving licence
3. Be physically fit
4. Be a competent driver
5. Wear an approved helmet. Arms and legs must be covered at all times
6. Attend the Circuit Briefing

No participants taking part shall have consumed or taken alcohol or any drug that will impair your ability to ride/drive

Participants must not race or compete against any other user.

The use of any form of timing equipment is not permitted.

Reckless or dangerous driving is expressly forbidden and anyone disobeying this rule may be asked to leave.

Drifting will only be allowed on specific drifting days.

All participants on track days at Llandow Circuit MUST attend the Safety Briefing.

This instruction will include:

1. Rules of the day
2. Flag Signals
3. Entering and exiting the circuit
4. Overtaking and being overtaken
5. Driving/riding discipline
6. Circuit layout and potentially hazardous sections
7. Paddock driving/riding
8. Breakdown/incident procedures
9. Session stopping

## Flag Signals

The circuit uses the following flags:

- |                |  |
|----------------|--|
| Chequered Flag | Indicating the end of the session  |
| Yellow Flag    | Indicating extreme caution and no overtaking   |
| Black Flag     | Indicating to return to the paddock and report to the Control Tower                                    |
| Red Flag       | Indicating session has been stopped. Slow down, return to paddock or assemble at the Bus Stop run-off. |

## Overtaking

Overtaking should only take place on the straights or exiting the bends. No overtaking in the bends and no cutting inside whilst approaching the bend.

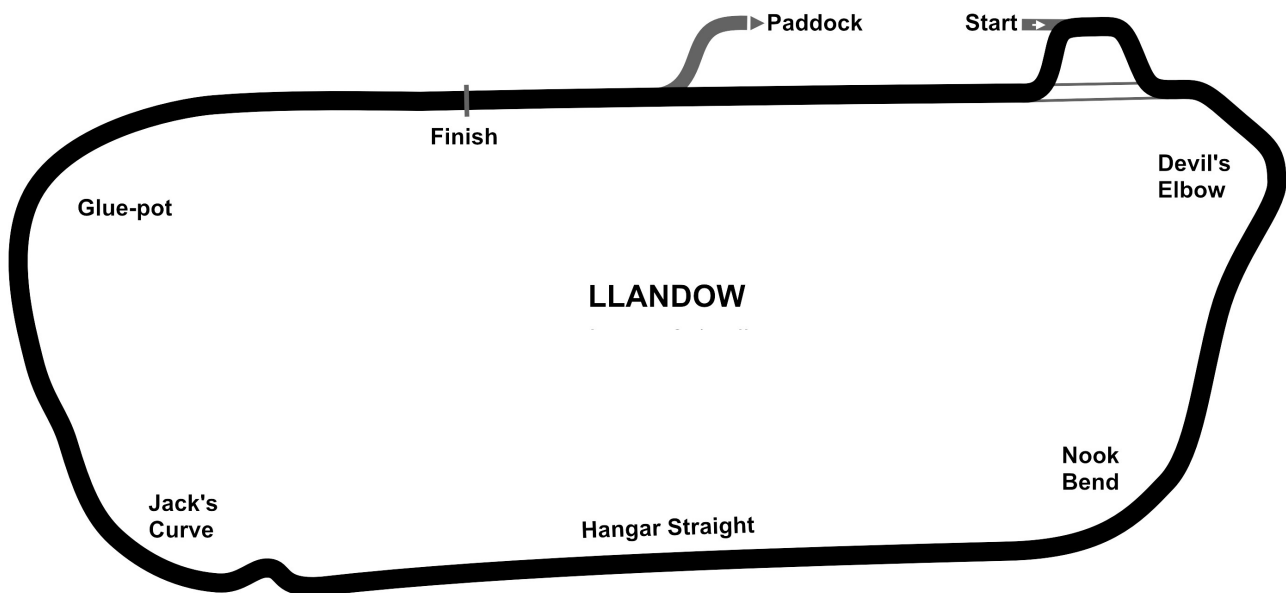
## Vehicle Condition

Participants must ensure that their vehicle is safe and fit for the purpose that it will be used for on the circuit.

N.B Vehicles will be checked periodically throughout the day for fluid leaks e.g. Oil fuel etc. Any car found to be leaking any fluid will not be allowed on the track until the problem is rectified to the Chief Marshals satisfaction.

## Paddock

A speed limit of 5mph applies at all times in the circuit paddock and the pit lane



For overnight facilities there is a camping ground at the Llandow caravan and camping site (next to the circuit) please make your own arrangements.

Llandow Caravan Park, Llandow, Cowbridge

Tel: 01446 794527



**DESPITE THE ORGANISERS TAKING ALL REASONABLE  
PRECAUTIONS UNAVOIDABLE ACCIDENTS CAN HAPPEN.  
IN RESPECT OF THESE YOU ARE PRESENT AT YOUR OWN RISK**